

Health Resources: Coronavirus (COVID-19)

April 1, 2020

NO. 5

Coronavirus 2019/Spread & Government Response

US Extends Social Distancing Guidelines for 30 Days

The “President’s Coronavirus Guidelines for America, 15 Days to Slow the Spread”, due to end March 31, has been extended for 30 days until April 30. The extension is aimed at continuing the nationwide social distancing guidelines to slow the virus's spread and take pressure off the health care system. (See “Health Resources No. 2”)
Source: The White House

Apple Tool Lets You Screen Yourself for the Coronavirus

Apple and the Centers for Disease Control (CDC) created a new website and app to help people who are ill or may have been exposed to the virus determine if they should seek medical advice. You’ll answer a few questions about symptoms, travel, and contact you’ve had with others. This tool can help you understand what to do next about COVID-19.

To Self-Screen Yourself - Go To: Apple's **website** and **app** or [coronavirus.gov](https://www.cdc.gov/coronavirus)

Source: CDC

Take The Time...



Welcome to the 2020 Census! Visit my2020census.gov Today

The US Census officially begins April 1st. Due to COVID-19, you can respond online, by phone, or by mail now and minimize the need to send census takers out into communities.

- * The 2020 Census questionnaire takes about 10 minutes to complete. It's safe, secure, and confidential. Your information and privacy are protected.
- * The Census response helps to direct billions of dollars in federal funds to local communities for schools, roads, and other public services. Results from the 2020 Census will be used to determine the number of seats each state has in Congress and your political representation at all levels of government.
- * What you need to complete the census online: access to a computer, the census form mailed to your address, information about each person living at your address (full name, birthdate, race, place of origin - English, German, French, etc.)
- * If you did not get a census form at you address, go to my2020census.gov

Source: US Census Bureau

IRS Tax Day Extended To July 15: Key Taxpayer Information

The Treasury Department and Internal Revenue Service announced that the federal income tax filing due date is automatically extended from April 15, 2020, to July 15, 2020.

- Taxpayers can defer federal income tax payments due on April 15, 2020, to July 15, 2020, without penalties and interest, regardless of amount owed.
- Deferment applies to all taxpayers, including individuals, corporations and other non-corporate tax filers, as well as those who pay self-employment tax.
- July 15 extension is automatic. Taxpayers do not need to file any additional forms or call the IRS to qualify for this automatic federal tax filing and payment relief.
- Estimated Payments: The additional time also includes estimated tax payments for tax year 2020 that are due on April 15, 2020 if paid by July 15, 2020.

E-file recommended: To avoid delays, the IRS urges taxpayers to file electronically rather than on paper; using direct deposit is also critical to speed up refunds. Most taxpayers can file for free with www.irs.gov/freefile.

Don't forget state tax returns: The July 15, 2020 extension only applies to federal income tax returns and tax payments not state tax payments or deposits or payments of any other type of federal tax.

Non-filers: Haven't filed a tax return for a previous year? Take steps now.

Without 2018 or 2019 tax returns on record could affect your cash rebate payment by direct deposit. Be sure that the IRS has your bank routing number. Go to: irs.gov

IRS Operations & COVID-19/Critical operations continue

- To protect employees and taxpayers, the IRS scaled back operations to focus on mission-critical activities for the nation. IRS offices have no face-to-face assistance
- IRS offices are closed or have reduced operations on mission-critical items. Telework-eligible employees across the IRS continue to work during this period.
- Make the IRS your first option for answers to questions. Go to: irs.gov

Source: IRS

Advocacy Focus: AARP

The AARP has created a special site on COVID-19 for seniors. The site includes a "COVID-19 Checklist for Older Adults: Prepare for Coronavirus / Tips from the CDC to get ready for an outbreak in your community". AARP sponsors a weekly "Coronavirus Tele-Town Hall to inform seniors.

Go to: aarp.org or aarp.org/coronavirus



CfA LGBT Social Engagement Committee of Tarrant County:

We serve as a resource to promote the health and well-being of the senior LGBT community. Go to: cfa.lgbt Facebook: [Coalition for Aging LGBT \(Tarrant County\)](#)